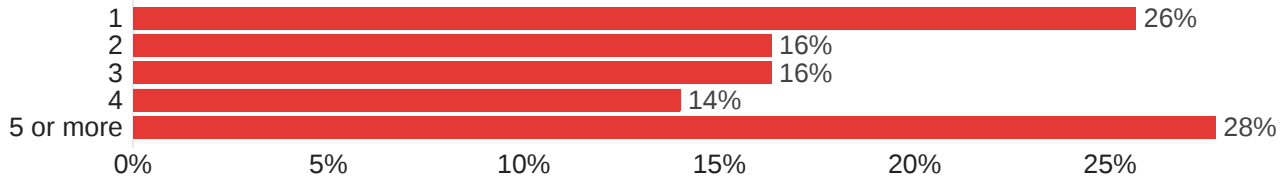


ACCA Community College Survey 2023

SCHOOL COMPOSITION

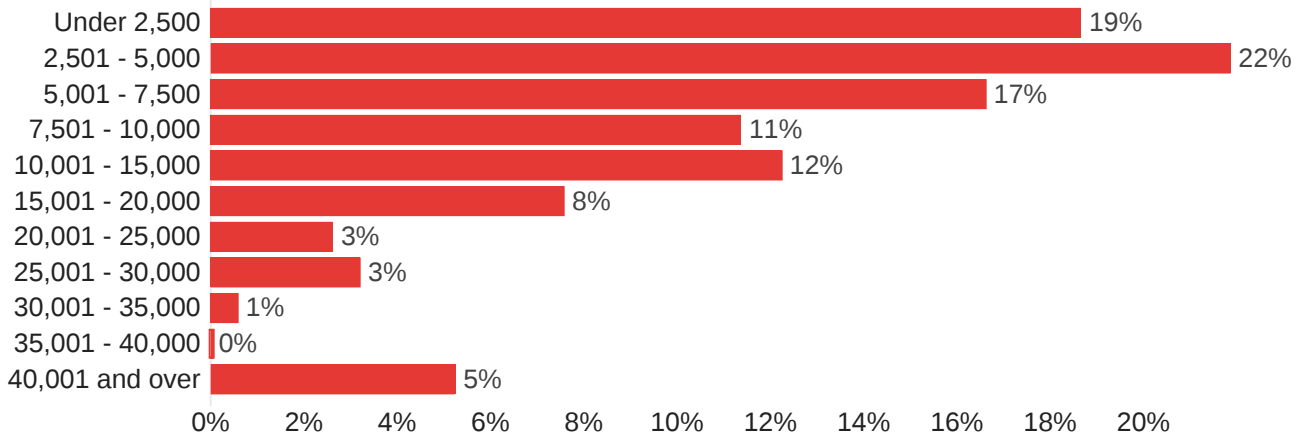
Q2 - How many campuses/centers does your college have?

343 Responses



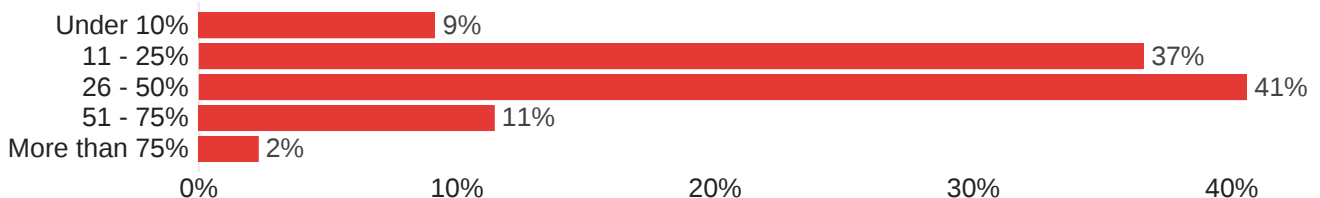
Q3 - Approximately how many students (full- and part-time) are enrolled in courses for credit at your college for any given academic year?

343 Responses



Q4 - Approximately what percent of these students are enrolled in online classes only?

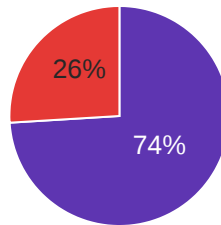
175 Responses



SCHOOL RESOURCES

Q5 - Does your college have on-campus housing?

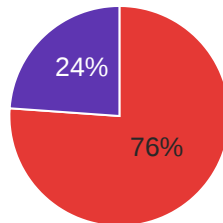
335 Responses



- No
- Yes

Q6 - Does your college have a designated Veteran's Center?

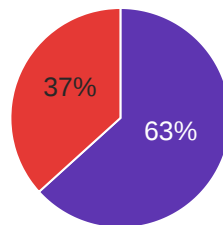
335 Responses



- Yes
- No

Q7 - Does your college have a Medical/Wellness Center on campus?

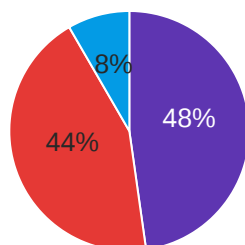
335 Responses



- No
- Yes

Q8 - Does your college have a dedicated staff member for student case management?

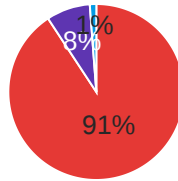
335 Responses



- No
- Yes
- I don't know

Q9 - Does your college have a Threat Assessment/Behavioral Intervention/Student Care Team, or equivalent?

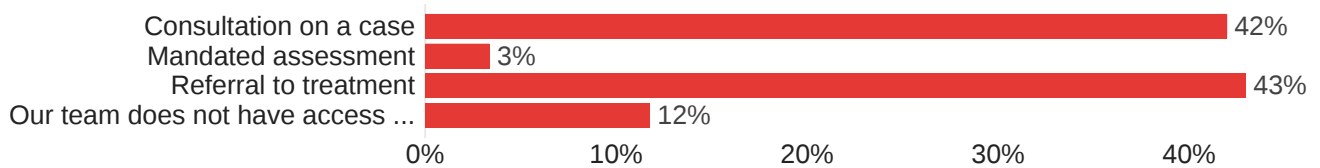
335 Responses



- Yes
- No
- I don't know

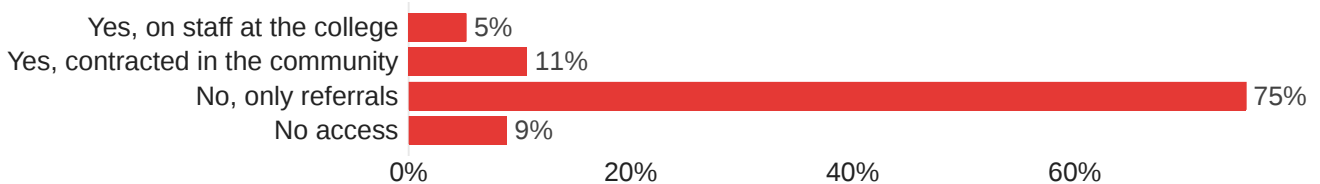
Q10 - Does your team have access to a mental health professional for:

298 Responses



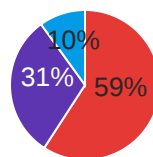
Q11 - Do you have a Psychiatrist or other licensed prescriber either on staff or contracted to provide psychiatric services?

329 Responses



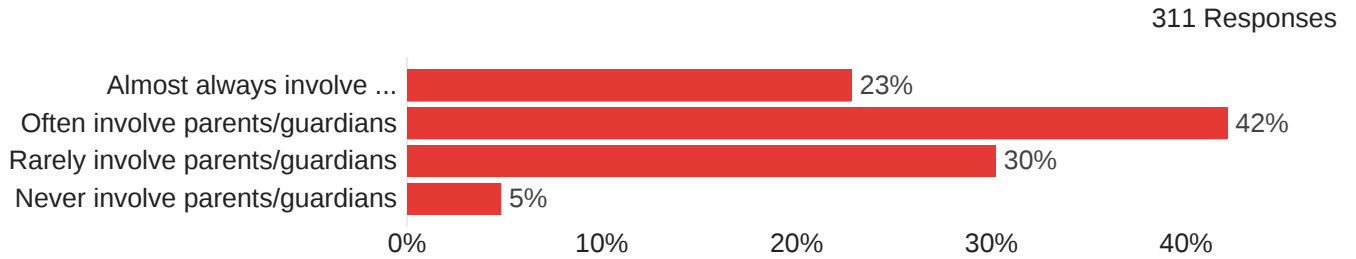
Q12 - Does your college provide any suicide prevention resources and programming?

311 Responses



- Yes, we provide resources and programming
- Yes, our resources and programming include partnerships with external agencies
- No, we do not specifically provide suicide prevention resources and programming

Q13 - If your college became aware of a student who was potentially violent or suicidal, would you?



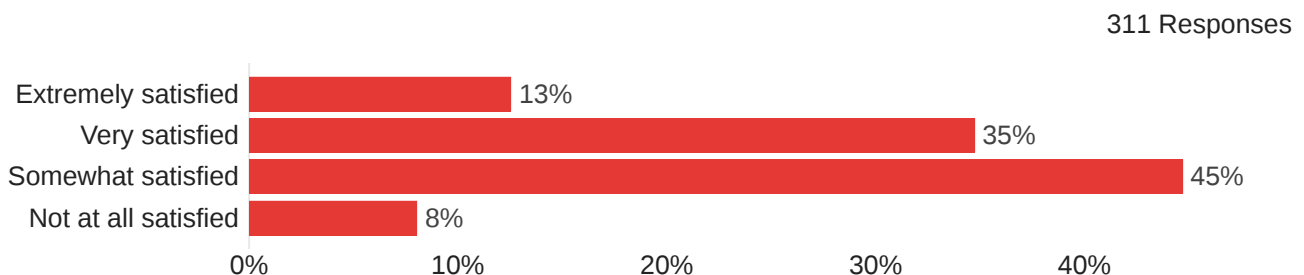
Q14 - Does your college provide mandated assessment for suicidal or violent students?



Q15 - Does your college provide mandated treatment for suicidal or violent students?



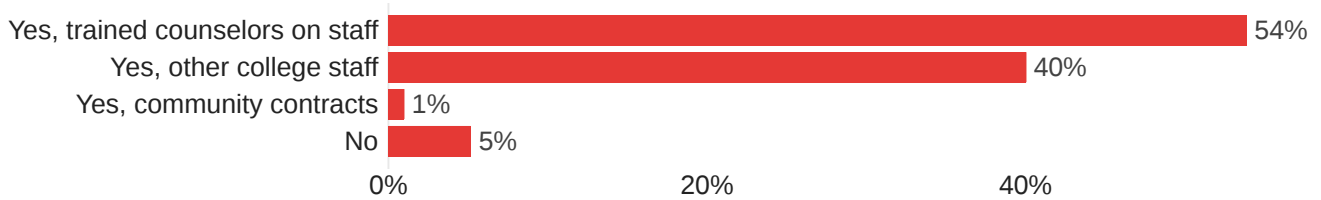
Q16 - How satisfied are you in how your college responds to at-risk students and crises?



COUNSELING SERVICES

Q17 - Does your college offer career counseling to students?

310 Responses



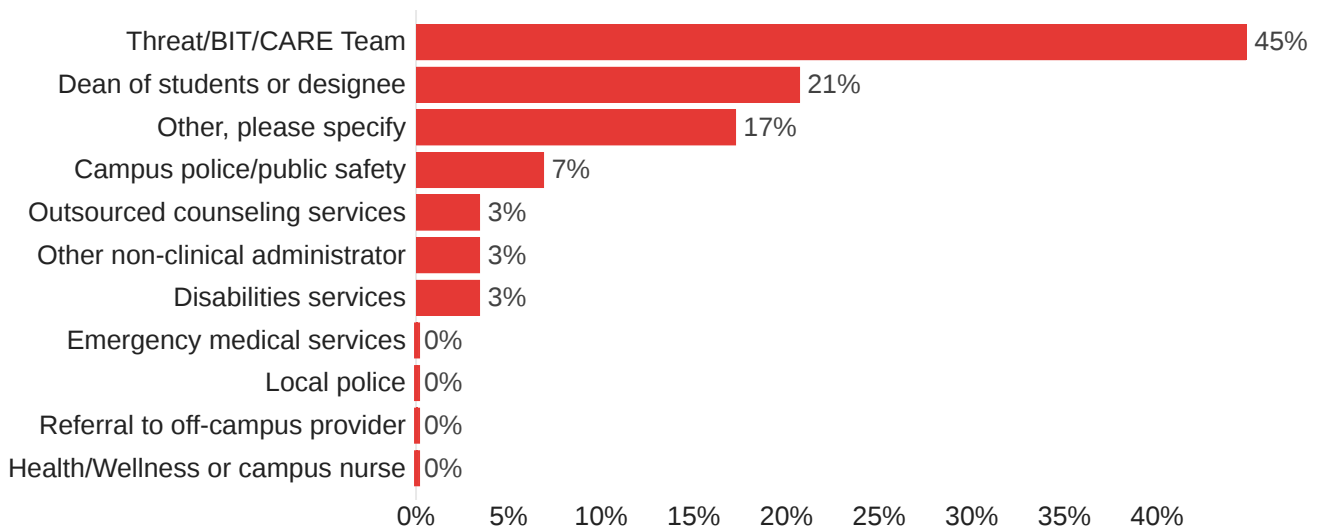
Q18 - Does your college provide personal/mental health counseling services to students?

310 Responses



Q19 - If no personal/mental health services, who responds to student mental health concerns and/or students in acute distress?

29 Responses



Other, please specify - Text

Behavioral Health Program Manager who is licensed, we also have a BIT team

Our Wellness Coordinator who has a mental health background

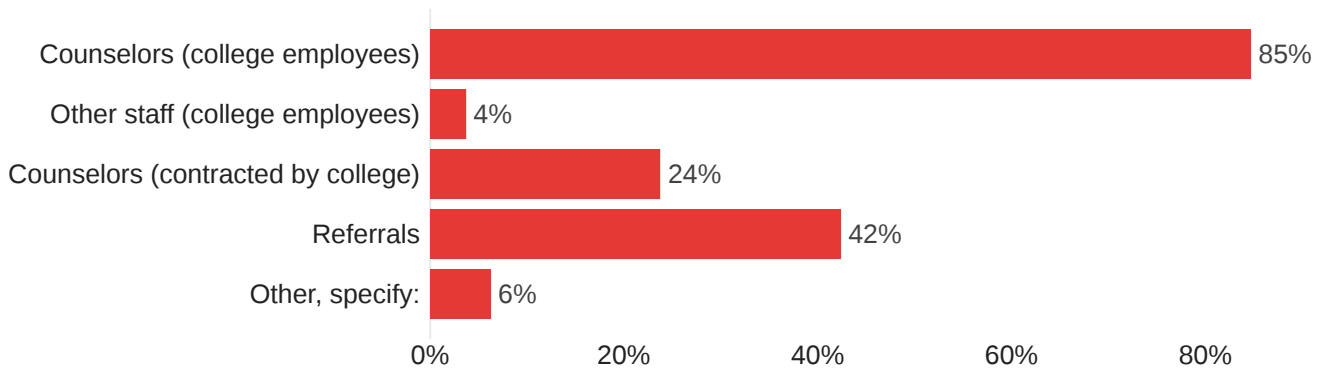
We have a crisis team that contacts the student. Both campus police, our designated crisis prevention staff, and others if needed

social workers

we have false advertising but no real options

Q20 - How are these personal/mental health services provided? (check all that apply)

274 Responses



By other staff who are college employees, please specify: - Text

Life Coach/student services

Masters level clinicians

QPR by other staff

Staff who are advisors as well.

Timely Care App

advisors with counseling background

wellness & accessibility manager working on an Ed.D. in Counseling Education

Other, please specify: - Text

Contracted TimelyCare services

Graduate level counseling interns

MSW & MFT grad students supervised by licensed Mental Health professionals

Online Counseling through BetterMynd which is contracted by the college.

Online providers

Practicum site for MHC and CSW master and bachelor level students

TalkCampus

Tele-Health Company

They also contract w/ TimelyMD

Through our Student Outreach Services (SOS) resource, which the college has partnered with via same provider as college's EAP service. No cost to currently enrolled students.

Timely Care

Virtual mental health providers and referrals to community services

if higher level of care is necessary, we contract with CMH agency

off-campus and only online contracted with a company who provides these services

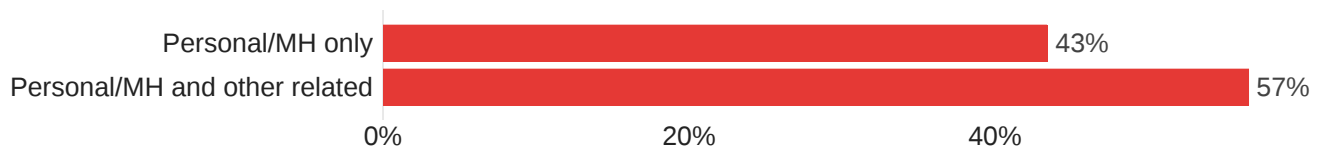
online service

partnership with local university graduate student counseling clinic

we are contracted with TimelyCare for mental health and psychiatric services

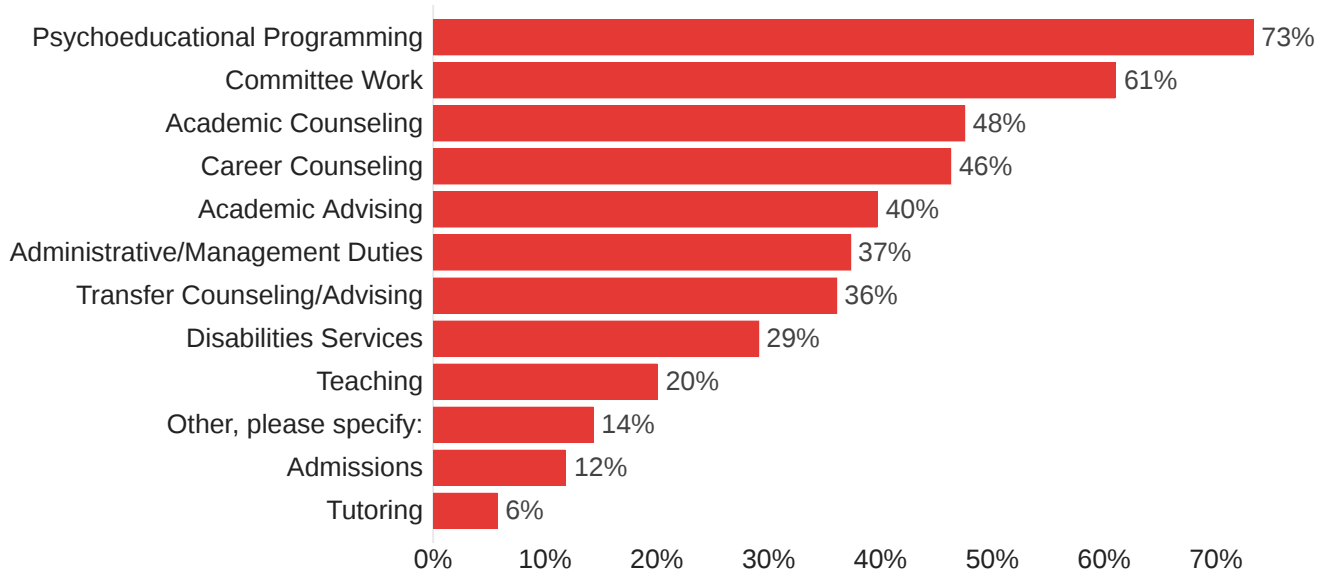
Q21 - Does your counseling center provide personal/mental health counseling only or does it also provide other related student counseling/services (e.g., Career Counseling, Academic Advising)?

274 Responses



Q22 - What other duties, if any, are provided by the counseling office IN ADDITION to personal/mental health counseling? (check all that apply)

244 Responses



Other, please specify: - Text

Addiction prevention programming

CARE TEAM Consultation

Call Center

Care Team, Threat Assessment, Consultation

Case Management

Case Management, Food Pantry, Student Emergency Assistance Fund, liaison for Foster Care and Housing Insecure Students, etc

Community outreach for on-campus support

Community partner networking; outreach/marketing of services; referral to/for community resources and services

Consultation to faculty/staff

Consultation with faculty and staff for students who indicated distress

Early College, Alcohol & Drug Prevention, Voting

Early alert outreach

Emergency Aid, Food Pantry, Gas Vouchers, Social Services Guidance

Homeless Student Needs

Housing and food insecurity assistance by a staff person/non-therapist

Life Coaching

Member of Behavior Intervention Team, Threat Assessment Team, Grant management for grants pertaining to student support programs, consultation for students of concern

New Student Orientation

Our counseling centers are separate; Mental Health Counseling Office and General Academic Counseling

Outreach and training for faculty/staff

Programming

Programming, Presentations, Workshops, Sessions

Promoting wellness sessions and workshops on wellness. Collaboration with Student Life/SGA for workshops.

School provide all those services individually

Success Coach caseload and Mental Health First Aid Training for faculty and staff

Wellness Counseling by Health and Wellness Specialist

academic appeals

assisst with the appeals process when student gets dismissed from the college due to low GPA

early alert

on the BIT team, various other campus committees

outreach often with partnerships from community organizations

pantry, case management, and works alongside other department staff including accommodation services, title IV, housing, activities and programming, tutoring, and TRiO

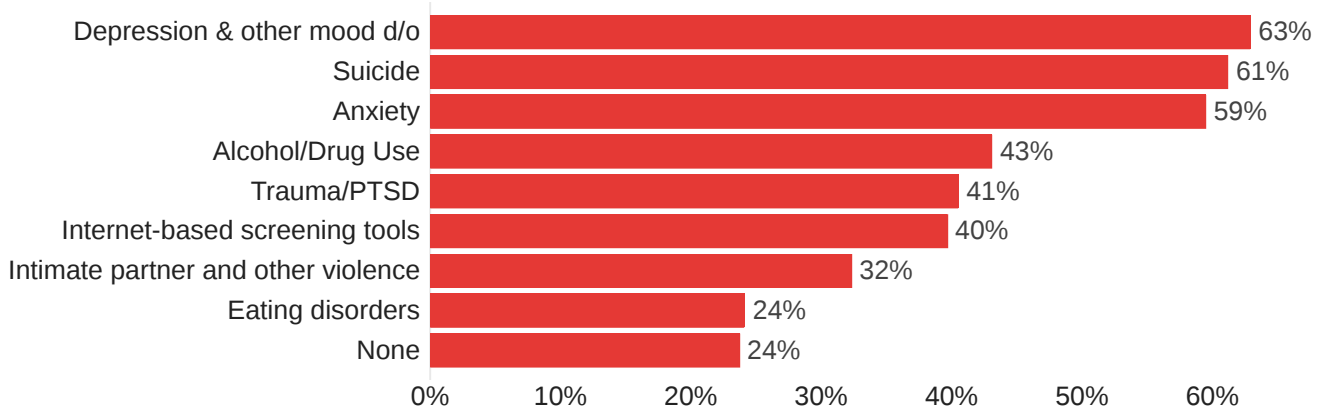
registrar, international students, Scholars program director, oversee recruiting/admissions/testing

sexual assault and partner violence prevention programming

wellness programming, study skills, time management, support groups, and similar

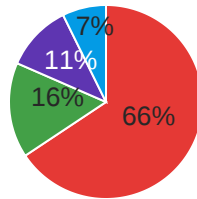
Q41 - What types of mental health screenings does the counseling office offer? (select all that apply)

232 Responses



Q42 - Do students sign an Informed Consent document for counseling?

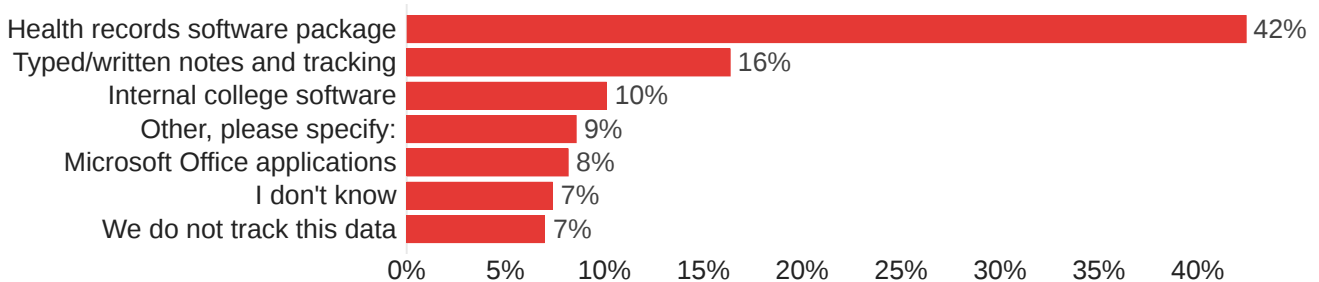
233 Responses



- Yes, for personal/mental health counseling only
- No, we do not require students to sign informed consent
- Yes, for all types of counseling, including career
- Yes, only for permission to consult with others, e.g., parents, community providers

Q44 - How is individual student clinical data and progress documented and tracked?

257 Responses



Other, please specify: - Text

AVISO/Watermark Alert Referrals

Academic advising software package

Banner

Google drive

Internal program

Maxient

Maxient

Maxient

Maxient

Maxient

Maxient for BIT, Conduct, Student Outreach Support referrals

Microsoft Word documents, password protected on a secure drive only accessible by counseling staff

Multiple systems

Navigate

Navigate

New Horizons Behavioral Health utilizes typed/handwritten and electronic health records

Starfish

Starfish Retention Tool

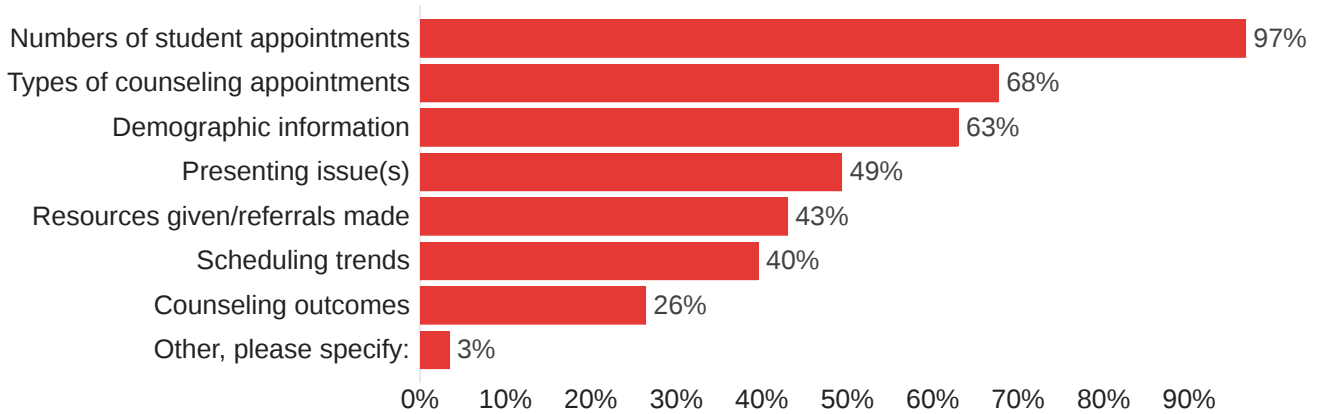
Working on a custom set up via Accommodate

google applications

starfish and maxient

Q46 - What statistical data do you or your office collect? (check all that apply)

235 Responses



Other, please specify: - Text

Crisis Walk-In

Number of individual students in addition to number of student appointments

We do not currently have tools or capacity to collect stastical data in a formalized way. It would all be a completely manual process.

We track retention of students by checking to see if students served graduate, re-enroll or transfer. This is done only by Director so that no student info is shared outside of the department

missed/canceled appointments

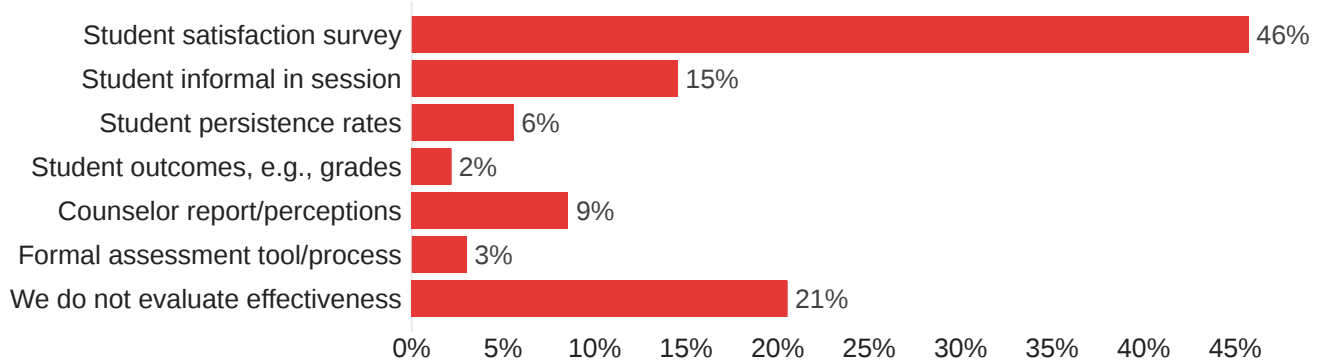
number of students referred for services, outreach dates, types of services received (mental health, food pantry, emergency funds, community resources, or case management)

outreach, hours available

retention, level of severity

Q45 - How is the effectiveness of personal/mental health counseling services at your college evaluated?

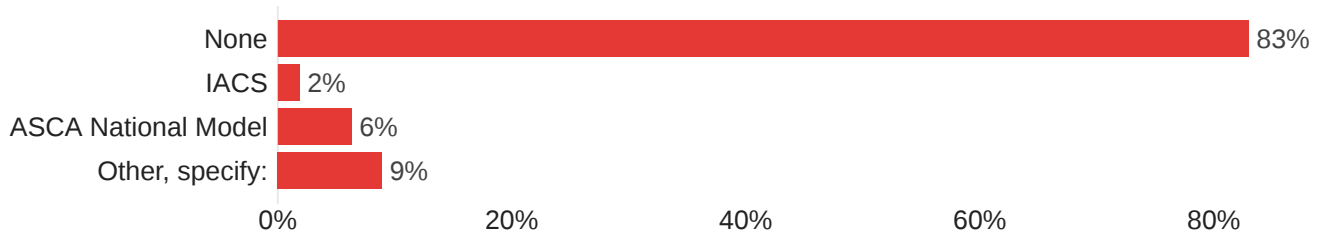
234 Responses



COUNSELING CENTER AND STAFF

Q23 - What accreditation does your counseling center hold?

270 Responses



Other, specify:

Mental health services are outsourced/contracted - 3 responses

ACCJC

ACHA

National Association of Social Workers

JED Campus

LPC's from state of Texas

SACS

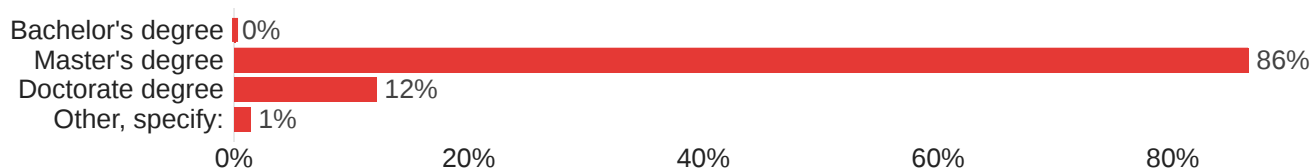
Vocational Education license

WASC

Unsure - 9 responses

Q57 - What degree do you hold?

214 Responses



Other, please specify: - Text

All But Dissertation for EdD

Doctoral candidate

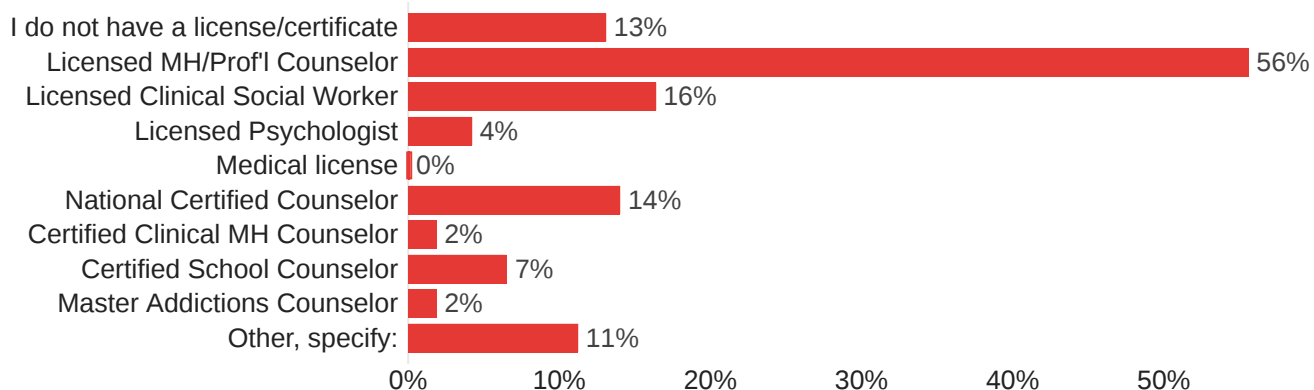
Ed.S. degree

Q24 - Are counseling staff who provide personal/mental health services at your college required to hold independent State licensure?



Q58 - What State or national license(s) and/or certification(s) do you hold? (check all that apply)

214 Responses



Other, please specify: - Text

ATR-BC

Board Certified Career Coach

CAADC

CRC, LPC-MHSP Temp

Certified Alcohol & Drug Counselor

Certified Career Counselor

Certified Professional Counseling Supervisor

Certified Professional Counselor Supervisor, Board Certified Telemental Health

Clinical Social Work Associate (pre licensure for LCSW)

LMSW

LMSW but within my three years of supervision for LCSW

LMSW working toward LCSW

License Professional Counselor Associate, LPCA

Licensed Alcohol and Drug Counselor

Licensed Marriage and Family Therapist

Licensed Professional Clinical Counselor (LPCC)

Licensed professional clinical counselor

MBTI Certified, Certified MHFA Instructor

Masters counseling and PPS

Substance Abuse Counselor (SAC)

Temporarily Licensed MHC

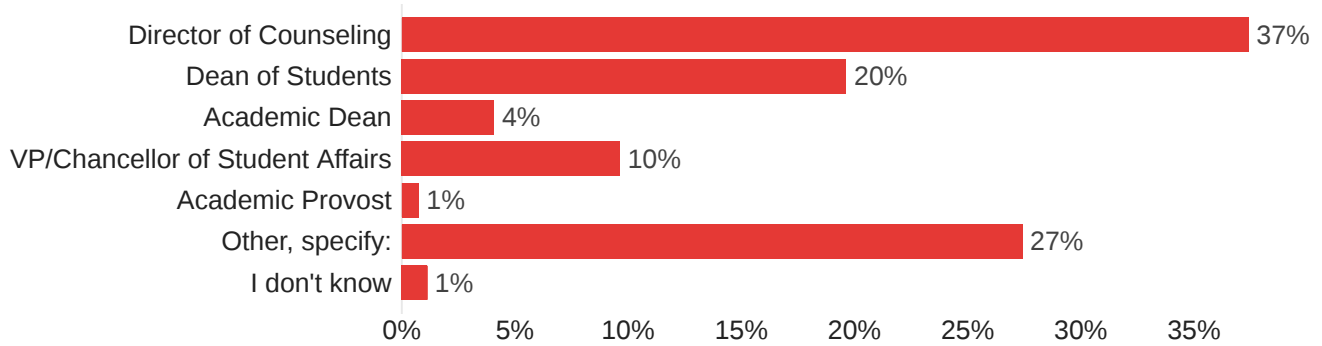
Vocational Educator

masters in counseling

none

Q25 - Who directly supervises counseling staff?

270 Responses



Other, specify:

- Various Directors/Coordinators - 25 responses
- Various Deans or Associate/Assistant Deans - 21 responses
- Contracted with outside agency - 7 responses
- Licensed clinical supervisor - 5 responses
- Department Head/Chair - 5 responses
- Vice President or Associate/Assistant Vice President - 5 responses

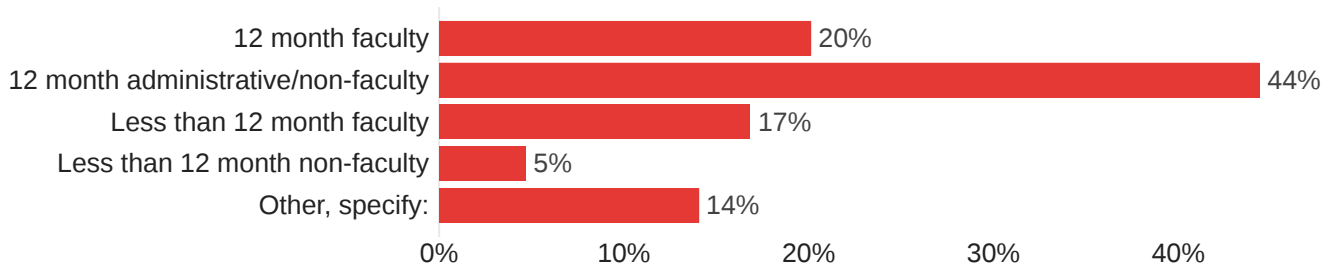
Q26 - Is the supervisor of counseling staff required to hold independent State licensure?

270 Responses



Q55 - What type of contract do you have?

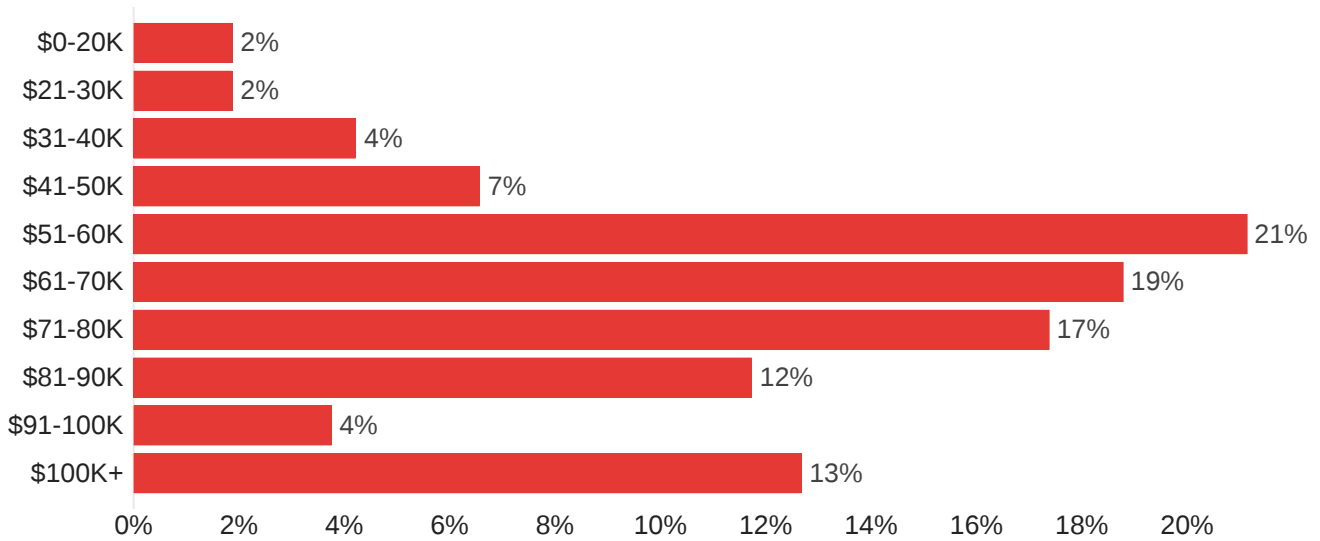
214 Responses



Other, specify:
Full/time - 5 responses
12-month staff - 2 responses
Less than 12-months - 3 responses
Outside agency - 1 response
Part-time - 1 response
Intern - 1 response
N/A - 14 responses (e.g., on staff, not contracted)

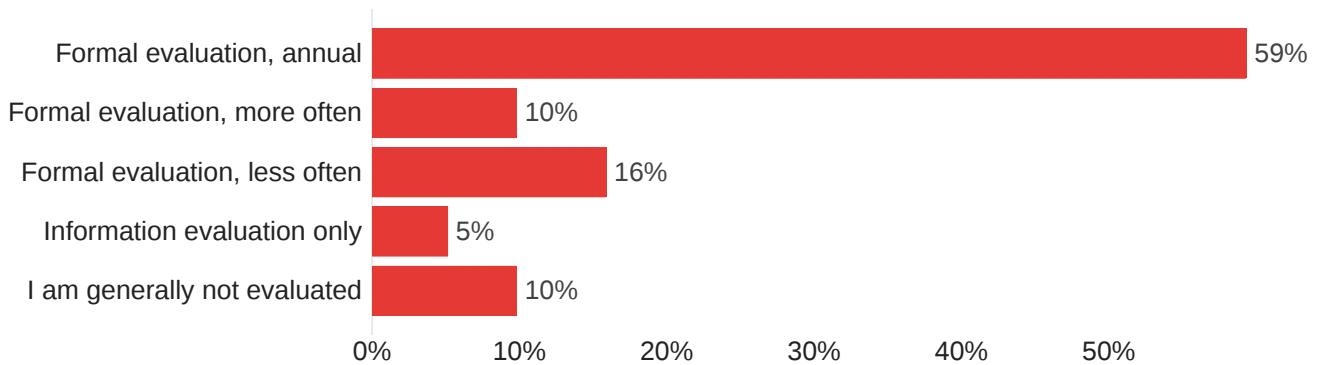
Q56 - What is your current base salary?

213 Responses



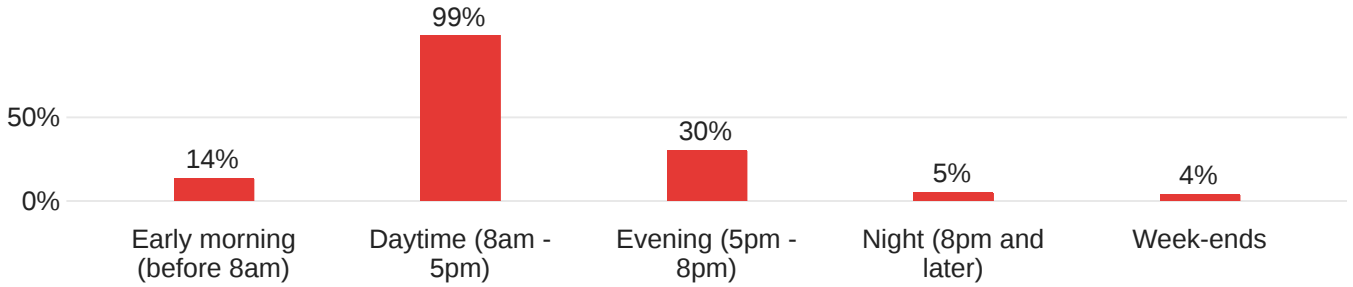
Q54 - How are you evaluated?

214 Responses



Q38 - When are counselors available/have office hours/open for students? (check all that apply)

264 Responses



Q39 - Do your counselors provide after-hours "on call" crisis services for students?

251 Responses



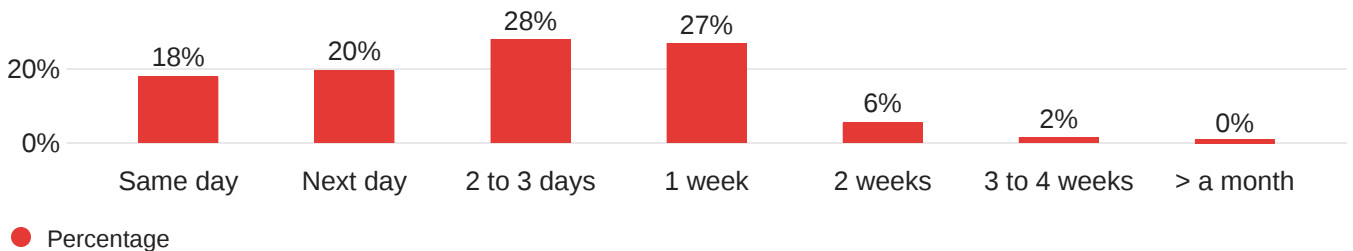
Q37 - How does your counseling center handle "walk-in" appointments?

257 Responses



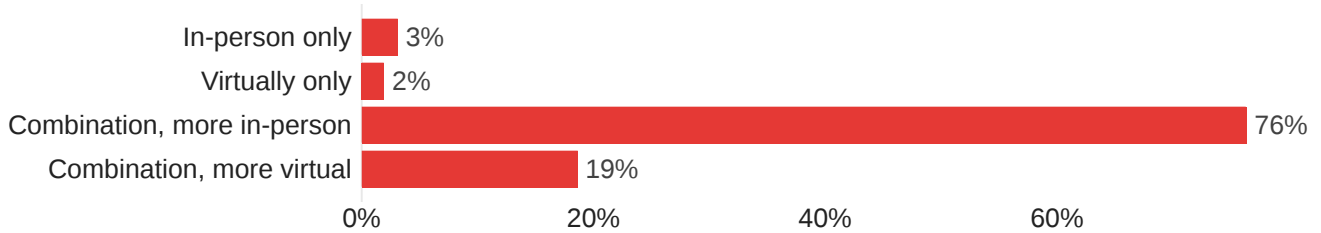
Q36 - What is an average wait time for a student to get an appointment for counseling?

249 Responses



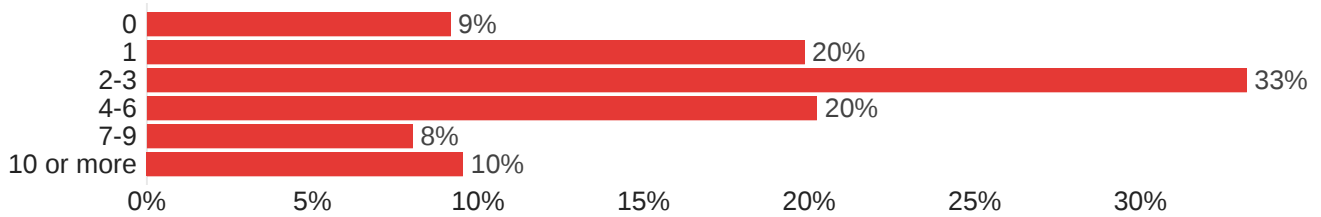
Q40 - How are counseling services provided to students?

258 Responses



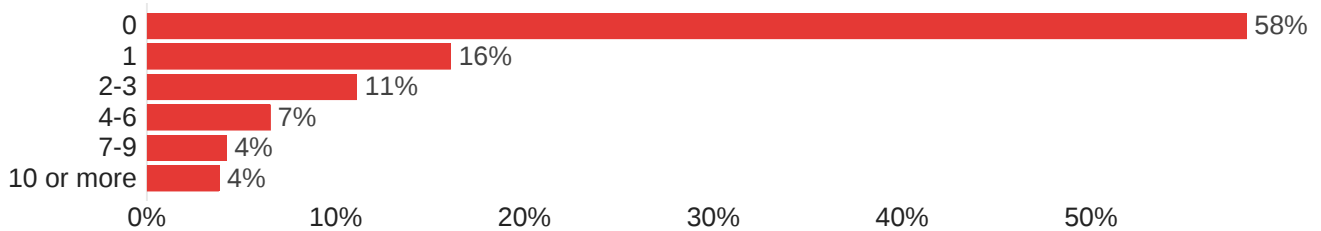
Q27 - How many full-time (FTE) counselors/therapists are on staff?

262 Responses



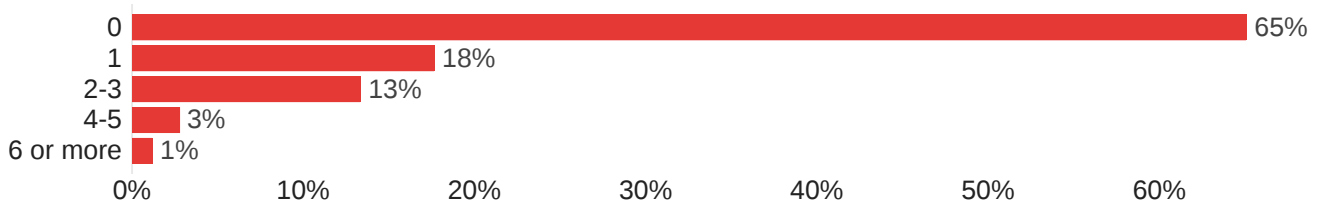
Q28 - How many part-time counselors/therapists are on staff?

261 Responses



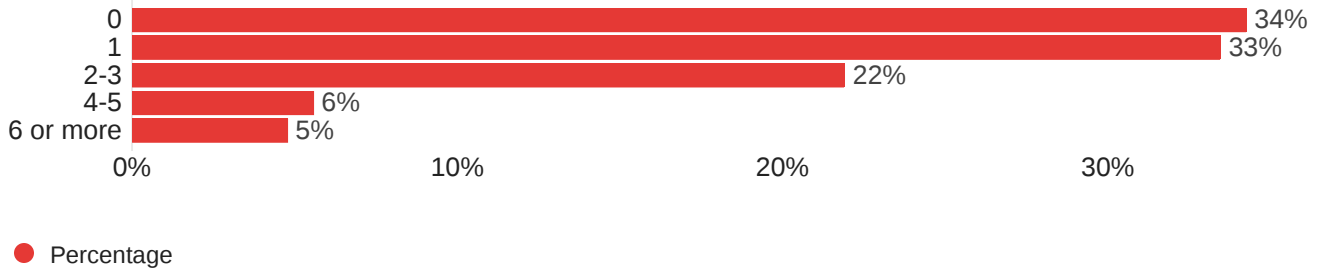
Q29 - How many counseling interns (trainees) are on staff (average per year)?

255 Responses



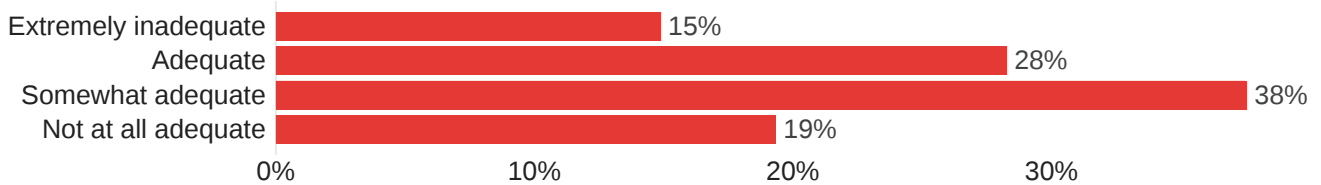
Q30 - How many administrative support positions are on staff?

251 Responses



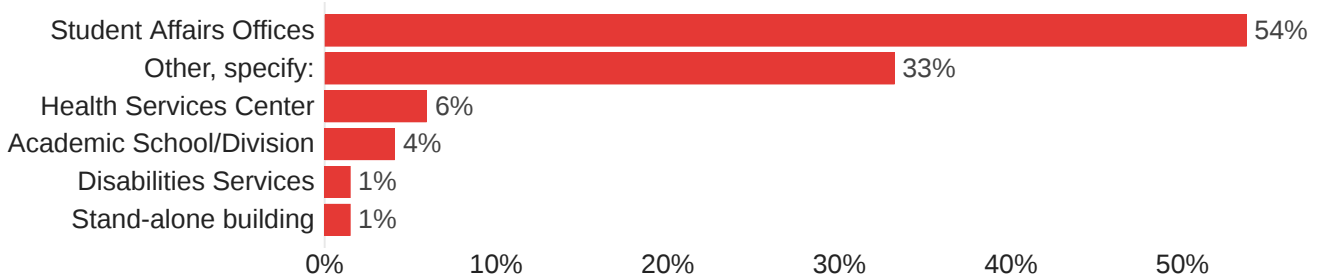
Q31 - In your opinion, how adequate is the size of your college's counseling department in meeting students' needs?

269 Responses



Q32 - Where is the counseling office housed or located?

268 Responses



Examples from "Other, specify" (total N=89 responses)

Other, please specify: - Text

primarily telehealth

We only have one building as we are a downtown campus, Counseling is located on the first floor.

Student Activities Center

Student Community Center

we don't actually have a counseling office. We have a counselor on staff who does other duties.

holistic center

main building near other student services offices

student compliance

Basement of an academic building

in building with student engagement and Wellness Center and Disability Services

In on of the halls

In same building as classes and other offices

Student Success Center

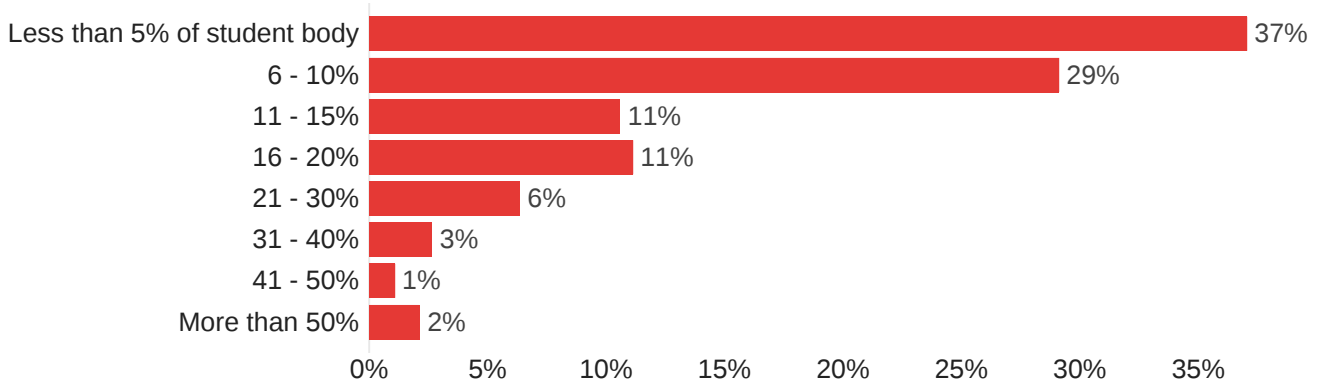
We are spread out in Student Support Offices on separate campuses

career services office

PERSONAL/MENTAL HEALTH COUNSELING UTILIZATION

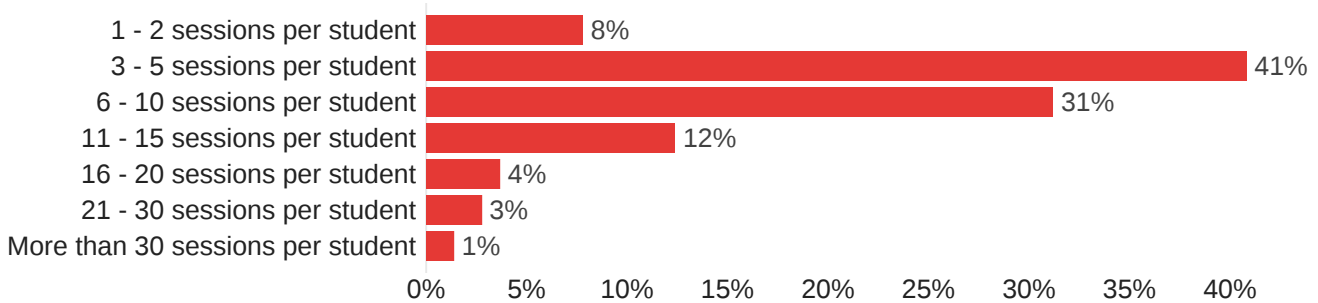
Q33 - What PERCENTAGE of your college's student body does the counseling office see for personal/mental health counseling in any given academic year (approximately)?

189 Responses



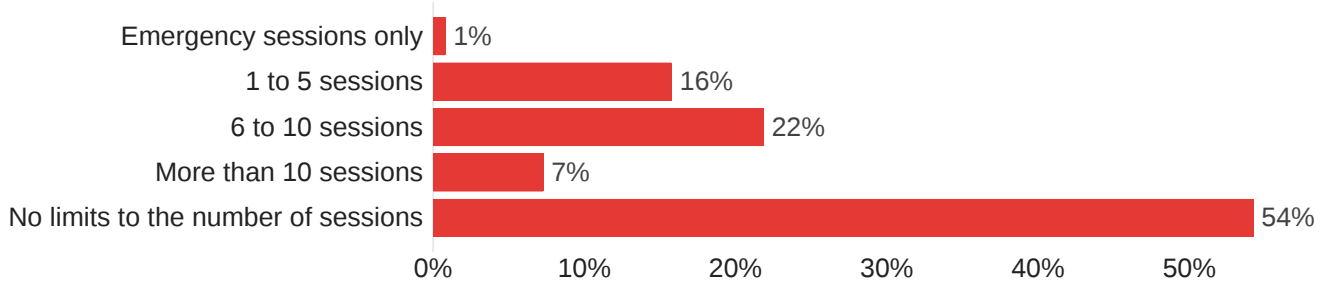
Q34 - What is the AVERAGE NUMBER of personal/mental health counseling SESSIONS that the counseling office has for each student that you see in any given academic year (approximately)?

218 Responses



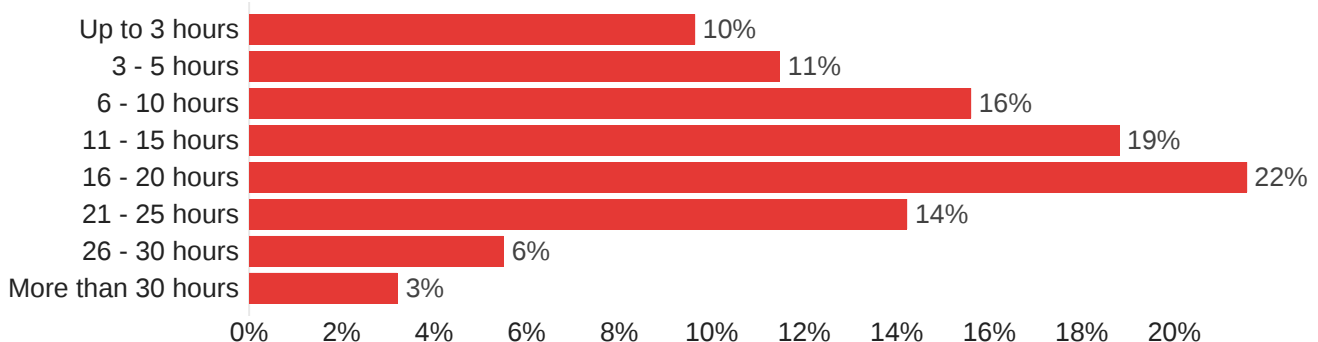
Q35 - What limits are placed on the number of counseling sessions each student may have?

247 Responses



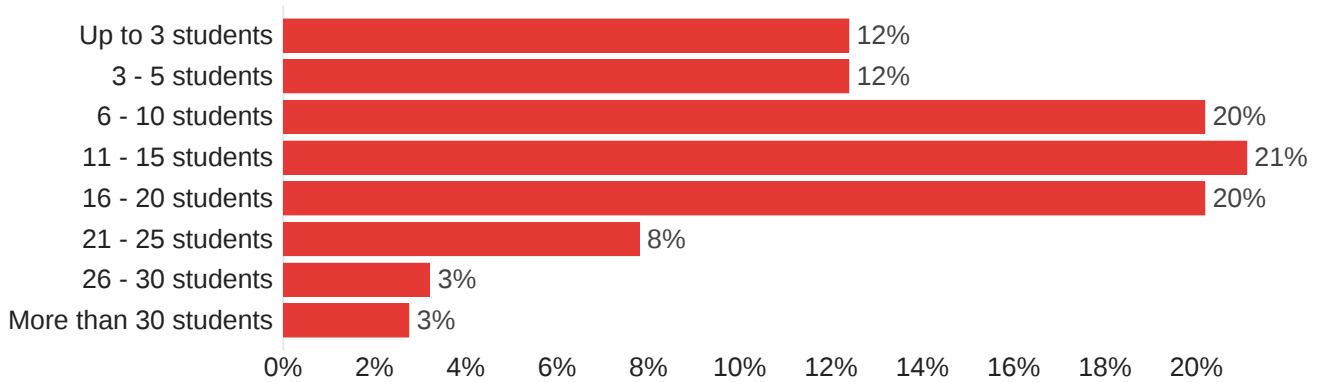
Q50 - Please estimate how much time PER WEEK you spend on personal/mental health counseling?

218 Responses



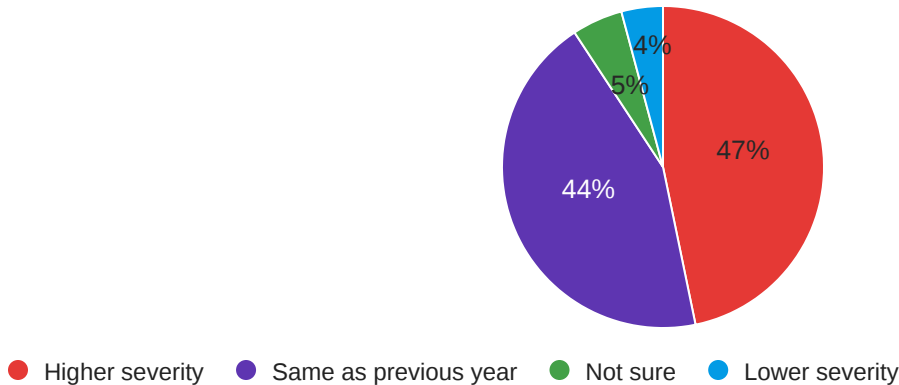
Q51 - What is your AVERAGE WEEKLY CASELOAD for personal/mental health counseling (approximately)?

218 Responses



Q52 - How would you describe the current level of acuity/severity of clinical issues that you are seeing in students, relative to the past year?

216 Responses



Q53 - What are the most common presenting problems of students that you are seeing? (select the most common problems, up to five)

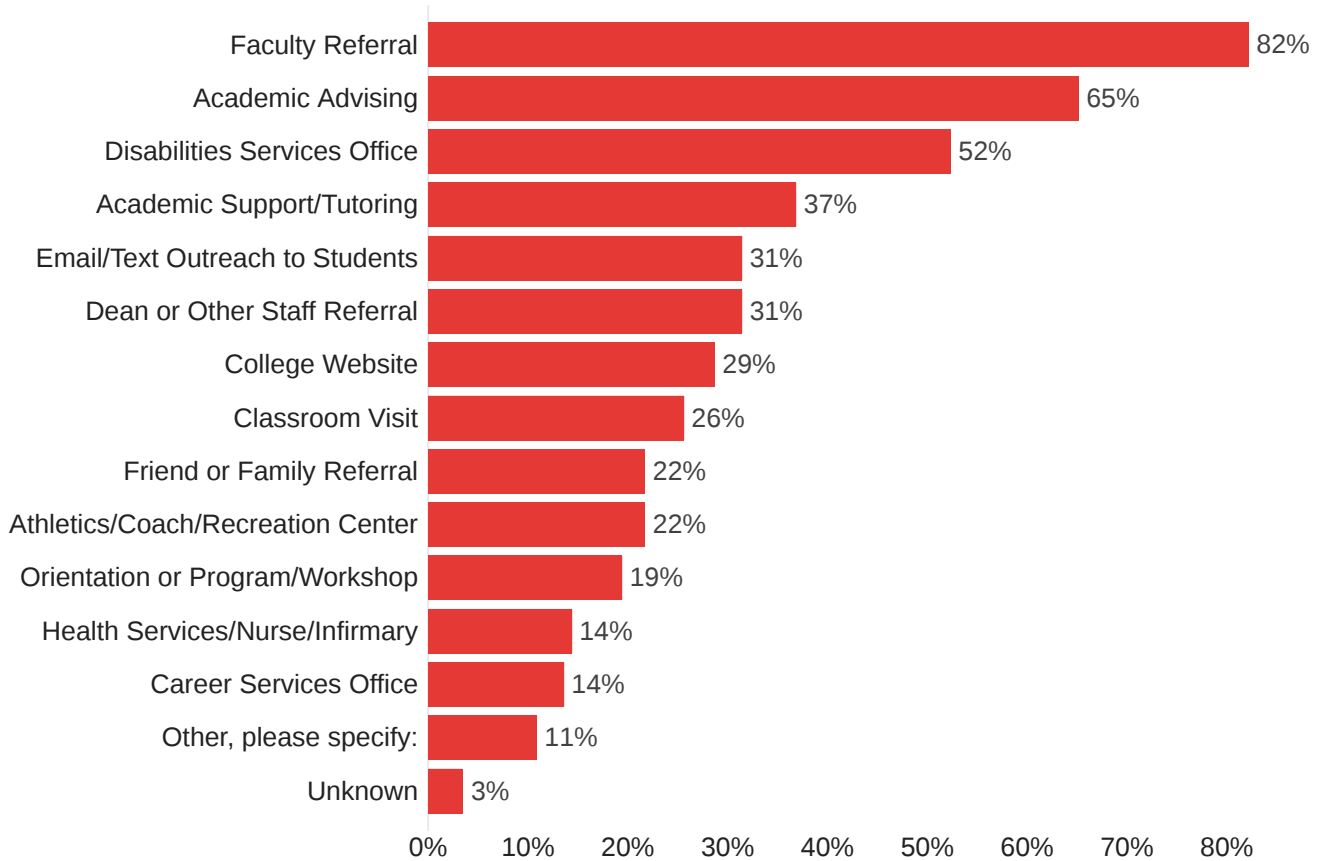
216 Responses

Field	Percentage of Responses
Anxiety disorders	85%
Depression or other mood disorders	76%
Academic performance stress	69%

Family stress	49%
Relationship issues	47%
Trauma	43%
Social isolation/loneliness	38%
Adjustment to college	30%
Financial stress	29%
Unmet basic needs, e.g., food, housing	29%
Grief or loss	30%
Crisis intervention	34%
Suicidal thoughts/behaviors	30%
Self-esteem	27%
Autism spectrum or other developmental disorders	19%
Alcohol and/or substance abuse	11%
Self-injury behaviors	8%
Learning disabilities	12%
Career/vocational concerns	14%
Sleep disturbance	8%
Stress from issues not identified above	9%
Eating/body image concerns	6%

Q43 - What are the most common referral sources to the counseling office? (select the most common sources, up to five)

258 Responses

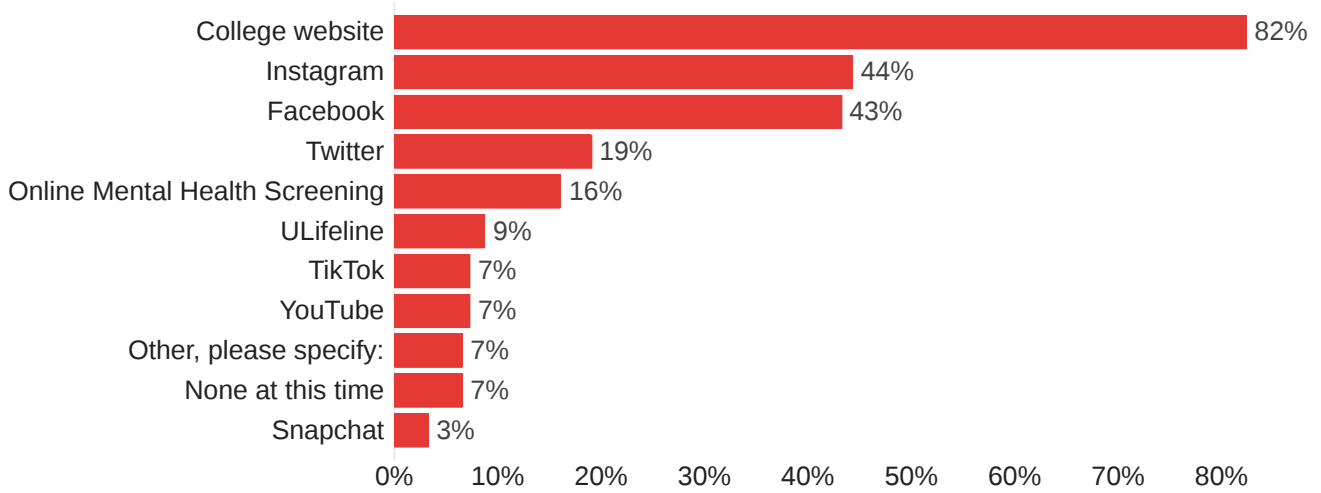


Other, specify:

- Self-referrals - 13 responses
- BIT/CARE team - 4 responses
- Student Support Coordinator
- Case Manager
- Conduct Sanction
- Basic Needs Resource Center
- Financial Aid
- Housing
- Residential Assistant
- Starfish
- Outreach events

Q47 - What social networking tools are used to outreach or provide programming to students? (check all that apply)

273 Responses



Other, please specify: - Text

Also FB and Instagram, but have not used in some time due to a technical issue.

Campus events, workshops in classes

Canvas support site

Email

Email

Email and text

OCC app

Podcast

Ready Educate - campus specific social media

School app

Starfish

Student Emails

TAO

TalkCampus

TalkCampus

TalkCampus

You (GRIT)

college email

SURVEY RESPONDENTS

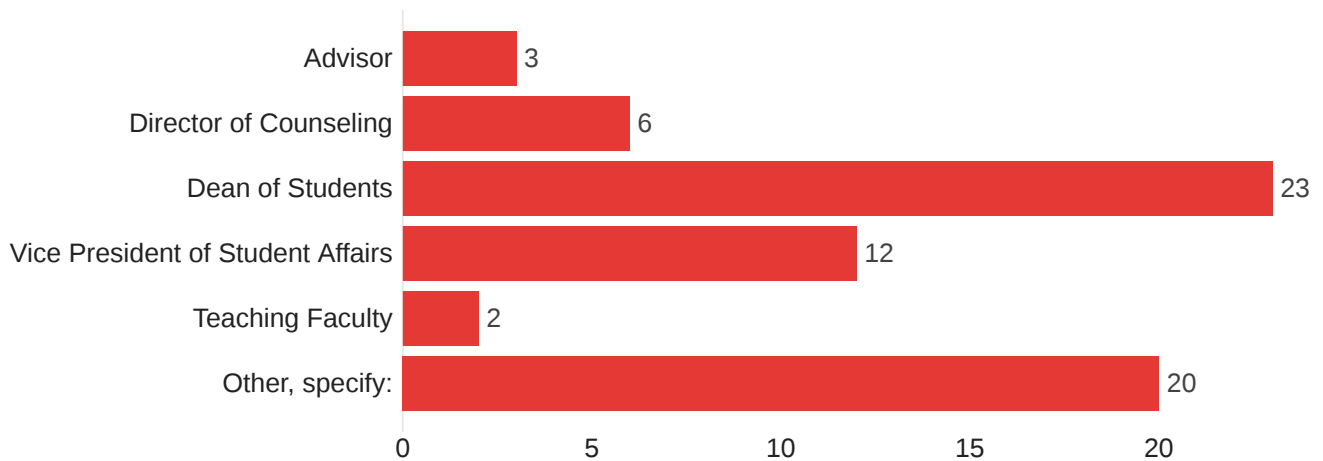
Q48 - Are you employed as a counselor or equivalent at your college?

286 Responses



Q49 - If not a counselor, what is your job role/title?

66 Responses



Other, please specify: - Text

Adjunct Professor

Administrative Assistant

Associate Dean

Associate Dean of Student Development

Coordinator

Coordinator of Basic Needs

Director of Advising and Retention

Director of Advising, Counseling and Transfer Services

Director of Student Advocacy- administrator of counseling partnership with BetterMynd Online therapy platform

Director of Student Well Being

Director, Student Support

Disability Services

Health care provider

Office Tech /Food PANtry Manager

Social Worker

Student Support Coordinator

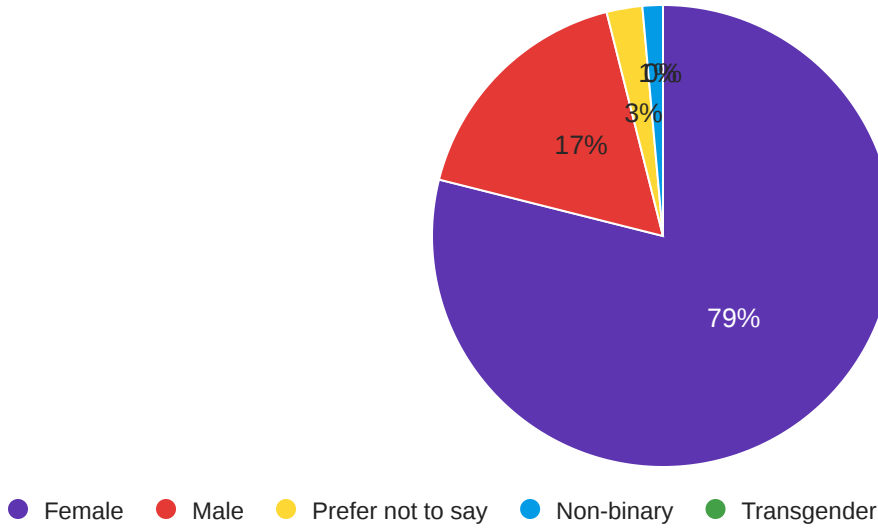
TRIO Director

TRIO Director

Wellness Coordinator who has a mental health background

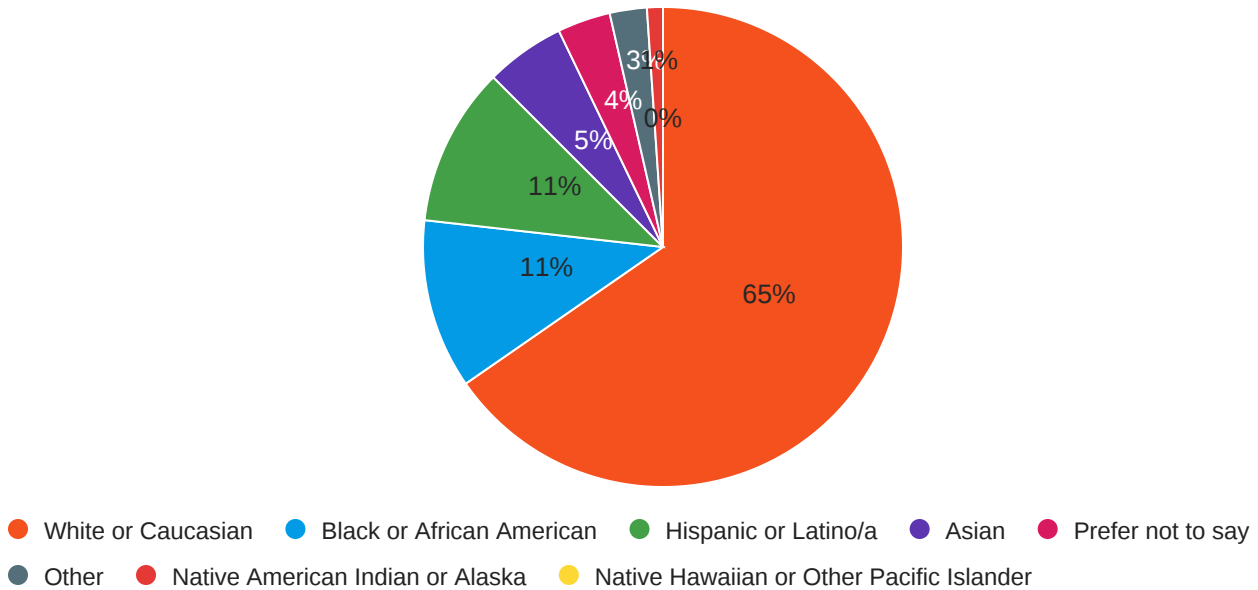
Q59 - What is your gender identity:

280 Responses



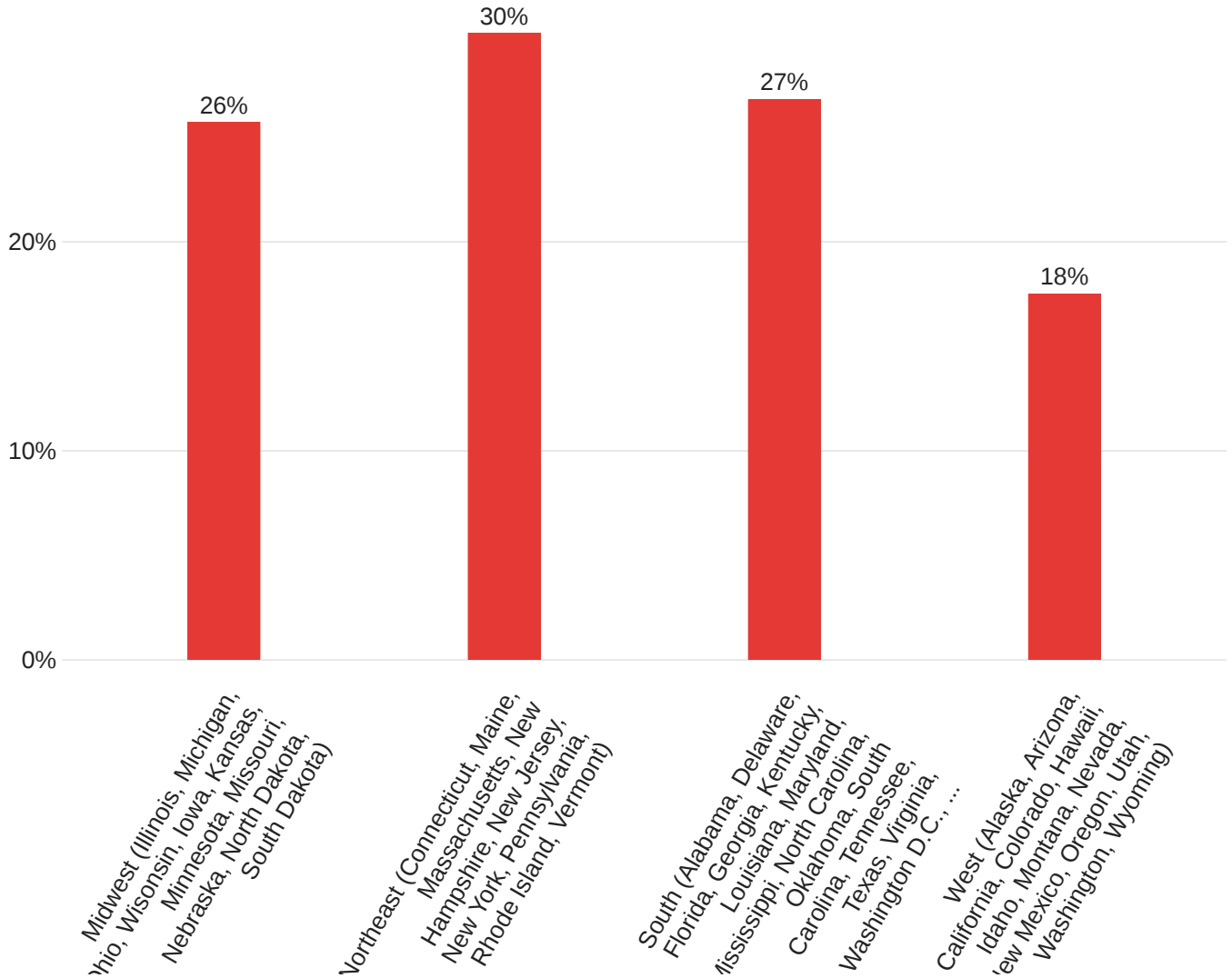
Q60 - What is your racial/ethnic identity?

280 Responses



Q61 - In what region of the country do you currently live?

280 Responses



Q62 - Are you a member of the American College Counseling Association (ACCA)?

280 Responses

