



# COLLEGE COUNSELING & PSYCHOLOGICAL SERVICES KNOWLEDGE BASE:

Supported by the American College Counseling Association

Additional support for Phases 1 & 2 provided by the ACPA Educational Leadership Foundation

## PROFESSIONAL COUNSELING LITERATURE

PHASE 1: 1998-2008

PHASE 2: 2009-2013

PHASE 3: 2014-2017/2018

PHASE 4: 2018-2020





## De-Centralized College Counseling Knowledge-Base

- In *Student Services: A Handbook for the Profession*, Komives & colleagues (2003) make the case for the important role of counseling and mental health services on college and university campuses. Our data-base fills a professional development gap for college counseling professionals by doing the work of bringing together and disseminating knowledge found across several professional literatures.
- Phase 1 was a review of college counseling articles over 10 years: 1998-2008. Phase 1 reviewed over 200 articles in 10 different journals
- Phase 2 was a review of college counseling articles over 4 years to bring up database up to date: 2009-2013. Phase 2 reviewed nearly 500 articles in 9 different journals.
- Phase 3 was a review of college counseling articles over 4 years to further update the database: 2014-2017. Phase 3 reviewed nearly 400 articles in 9 different journals.
- Phase 4 was a review of college counseling articles over 3 years up approximately the COVID-19 moment to bring the database up-to-date: 2018-2020. Phase 4 reviewed over 400 articles in 9 journals.

## De-Centralized College Counseling Knowledge-Base: Journals Included in Our Data-Base

- College Counseling Literature
  - *Journal of College Counseling*
  - *Journal of College Student Psychotherapy*
- College Student Development Literature
  - *College Student Journal*
  - *Journal of College Student Development*
  - *NASPA Journal/Journal of Student Affairs Research and Practice*
- College Student Health Literature
  - *Journal of American College Health*
- Counseling Psychology Literature
  - *Journal of Counseling Psychology*
  - *The Counseling Psychologist*
- Professional Counseling Literature
  - *Journal of Counseling & Development*
  - *Measurement & Evaluation in Counseling and Development*

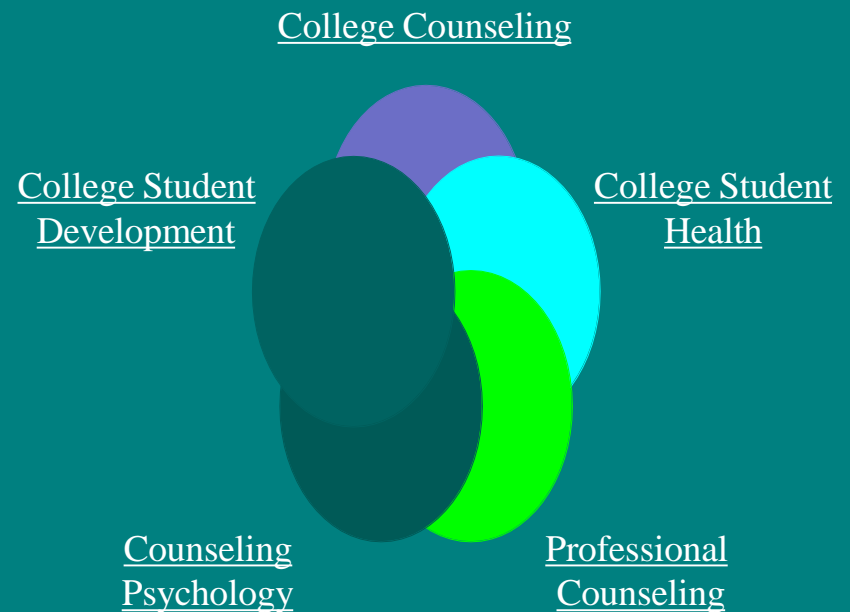
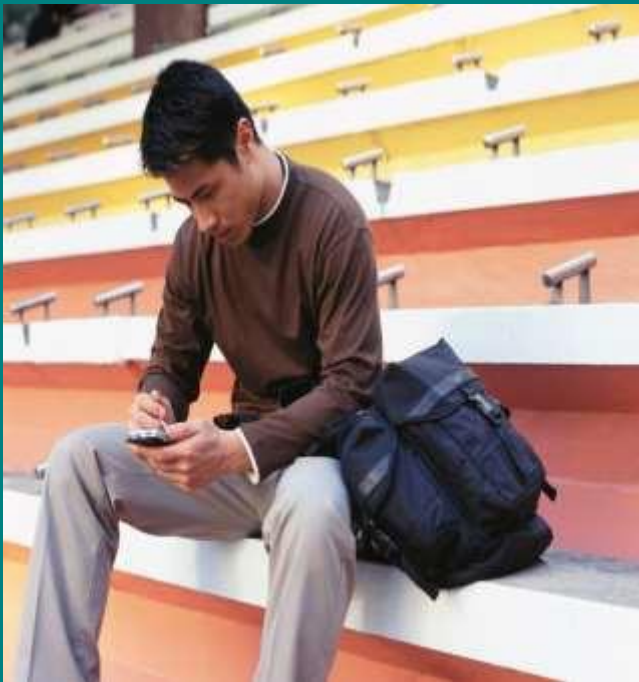


Image 1: Venn diagram depicting overlap of college counseling, college student development, college student health, counseling psychology, and professional counseling.

College counseling themes emerging from the Professional Counseling Literature:  
*Journal of Counseling & Development (JCD)*  
*Measurement & Evaluation in Counseling & Development (MECD)*

Phase 1: 1998-2008



- Theme 1: Specialized campus populations
  - JCD (10 articles), MECD (1 article)
- Theme 2: College student counseling and mental health needs and presenting concerns
  - JCD (4 articles), MECD (5 articles)
- Theme 3: Self psychology and contemporary psychodynamic constructs
  - JCD (8 articles), MECD (2 articles)
- Theme 4: Professional issues and trends
  - JCD (2 articles), MECD (2 articles)
- Theme 5: Self-efficacy construct
  - JCD (2 articles), MECD (1 article)
- Theme 6: Wellness and prevention
  - JCD (1 article), MECD (1 article)

College counseling themes emerging from the Professional Counseling Literature:  
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Phase 2: 2009-2013

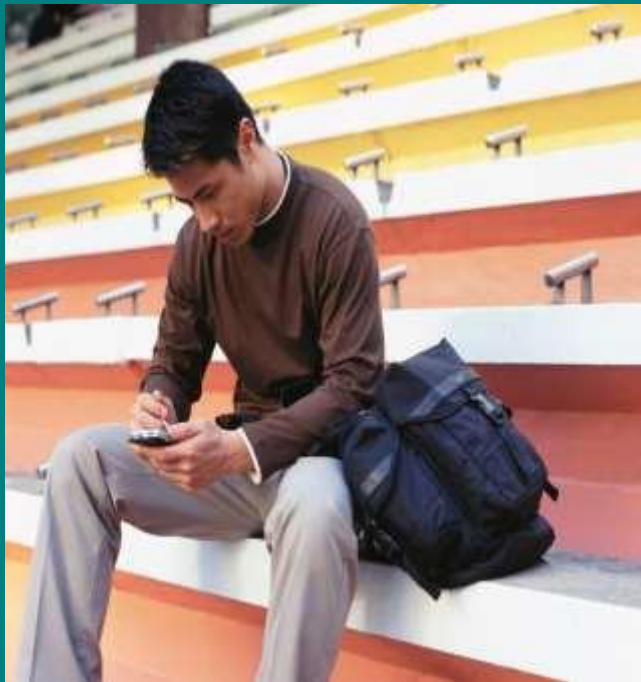


- Theme 1: Specialized campus populations
  - JCD (8 articles), MECD (0 articles)
- Theme 2: Intake and assessment
  - JCD (0 articles), MECD (5 articles)
- Theme 3: Intake and assessment with diverse populations
  - JCD (0 articles), MECD (5 articles)
- Theme 4: College student counseling and mental health needs and presenting concerns
  - JCD (3 articles), MECD (1 article)
- Theme 5: Help-seeking, service utilization, and attrition
  - JCD (4 articles), MECD (0 articles)



College counseling themes emerging from the Professional Counseling Literature:  
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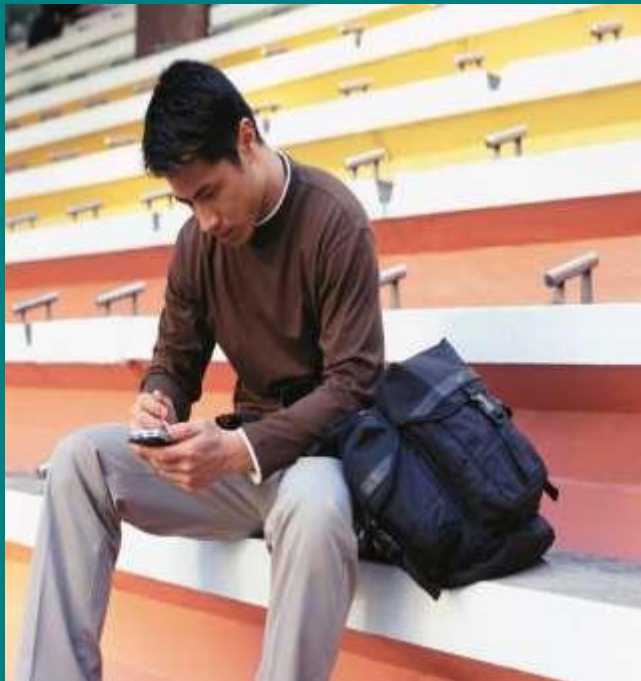
Phase 3: 2017/2018



- Theme 1: Assessment and intake
  - JCD (0 articles), MECD (7 articles)
- Theme 2: Populations on international campuses
  - JCD (5 articles), MECD (1 articles)
- Theme 3: College student counseling and mental health needs and presenting concerns
  - JCD (3 articles), MECD (0 articles)
- Theme 4: Resilience construct
  - JCD (3 articles), MECD (0 articles)
- Theme 5: Self-efficacy and attachment constructs
  - JCD (3 articles), MECD (0 articles)
- Theme 6: Specialized U.S. campus populations
  - JCD (2 articles), MECD (0 articles)
- Theme 7: Religious coping
  - JCD (2 articles), MECD (0 articles)
- Theme 5: Professional issues and trends
  - JCD (1 article), MECD (0 articles)

College counseling themes emerging from the Professional Counseling Literature:  
*Journal of Counseling & Development (JCD)*  
*Measurement & Evaluation in Counseling & Development (MECD)*

Phase4 : 2018-2020

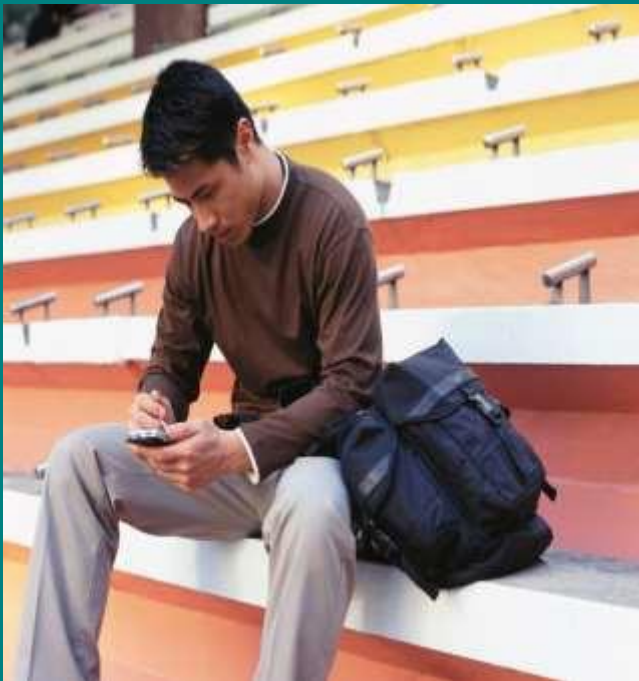


- Theme 1: Assessment and intake
  - JCD (0 articles), MECD (9 articles)
- Theme 2: Specialized U.S. campus populations
  - JCD (4 articles), MECD (1 article)
- Theme 3: College Student Counseling and Mental Health Needs and Presenting Problems
  - JCD (2 articles), MECD (3 articles)
- Theme 4: Populations on international campuses
  - JCD (1 article), MECD (3 articles)
- Theme 5: Self-efficacy and attachment constructs
  - JCD (3 articles), MECD (0 articles)
- Theme 6: College Student Success
  - JCD (1 article), MECD (1 article)
- Theme 7: Attitudes Toward Help-Seeking
  - JCD (2 articles), MECD (0 articles)
- Theme 8: Resilience Construct
  - JCD (1 article), MECD (0 articles)

College counseling themes emerging from the Professional Counseling Literature:  
*Journal of Counseling & Development (JCD)*  
*Measurement & Evaluation in Counseling & Development (MECD)*

Phase4 : 2018-2020

- Theme 9: Religious Coping
  - JCD (1 article), MECD (0 articles)
- Theme 10: Professional Issues and Trends
  - JCD (1 article), MECD (0 articles)





## References

Dungy, G. J. (2003). Organization and functions of student affairs. In S. R. Komives, D. B. Woodard, Jr., & Associates (Eds.). *Student services: A handbook for the profession, Fourth edition*. San Francisco, CA: Jossey-Bass.

